

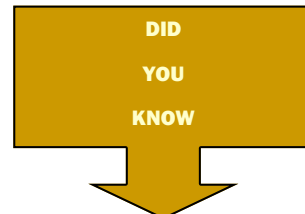
.....*Keeping you in the picture!*

Go Green With Online EOB Statement



Did you know that paper trash takes up more than 40 percent of landfill space? It's something to think about. That's why your employer is working with Aetna to introduce a smart new solution. Instead of paper, you will soon get Explanation of Benefits (EOB) statements online. All the information you need will be at your Aetna Navigator secure member website. You will get quicker updates and email notices when statements are ready to view on line. Plus, you can review your claims 24/7—

whenever it's convenient for you! And you will feel good, knowing that you are helping America go green. You will still have the option to receive your paper statements in the mail. On June 1, 2014, Aetna switched from paper to online statements. Find the latest updates by visiting the Aetna secure member website, go to Aetna Navigator, and select "Mail Me Paper" in your Profile. Please call Member Services at the number on the back of your Aetna ID card, if you have any questions. Log into your member website at: www.aetna.com.



"CVS MinuteClinic have opened its walk-in medical clinic at the pharmacy locations."

Go to www.MinuteClinic.com to find a location near you or call 1-866-389-ASAP (2727).

Medical Identify Theft Problem

Medical identity theft happens when someone steals your personal or health insurance information. They can use it to get medical care, prescriptions, insurance payouts, even surgery. It's similar to identify theft. It can damage your credit rating, cost you money and take time to clear up, or even hurt your chances to get some jobs. Here are a few steps to protect yourself:

- Protect your member ID card
- Keep personal information personal
- Be on guard even if someone claims to be from Aetna verify the call thorough member services
- Make sure "free" is free if you visit a free clinic
- Review health care information on Explanation of Benefits (EOB) statements or online claims



Check your credit report.

Identity thieves can run up medical costs in your name. The bills can be mailed to another address. You won't know unless you check your credit report. Or you get a call from a collection agency.

You can get a free credit report from the Federal Trade Commission website. For more information go to: <http://www.aetna.com/individuals-families/medication-safety-vaccines/medical-identity-theft.html>.

Aetna member tools at: www.aetna.com allows you to:

- Set and track health goals with Care Pass app.
- Tracks your calories, activity & sleep around the clock with BodyMedia Nutrition Apps.
- Manager your health with Care4Today Mobile Medication Apps.
- Improve your health inspirational with Well-Zone Lifestyle Apps.
- The Aetna mobile app helps you find doctor, dentist or facility.
- You must be registered on Aetna Navigator to use the apps or mobile web.

June is Men's Health Month



Take charge of your health and test your knowledge about men's health issues by taking the U. S. Centers for Disease Control Healthy Men's quiz at: www.cdc.gov/men/testknowledge/.

Fireworks Safety Month

Healthy Word Search

Z W C O V E R A G E L M Q D
 D U X T C M O O L C X Y K Q
 A P N H I E N C W V E F W C
 S O U F J R P V C D X T O M
 C L B M P G D I I G A A C V
 R P D X W E L L N E S S Q E
 E V B Z N N C L C L A I M P
 E E F T D C D E E C U M W E
 N O Q A Z Y E W N E P G E M
 I A E T N A N S T D D H B G
 N D X U P P T X I C A L S I
 G U I P O M A J V B T X I E
 S T A C H T L A E H E E T B
 D G K Q Q U I O N L Z T E J



Fourth of July festivities in the United States usually signify summer fun, vacations, and the gathering of family and friends, but Independence Day can also bring tragedy. Fireworks can be dangerous! The most common fireworks that cause injury are firecrackers, bottle rockets, Roman candles, fountains, and sparklers that are legal in many states. If you or someone with you is injured due to fireworks, seek immediate help or dial 911. For additional information on fireworks safety tips, go to:

http://www.usfa.fema.gov/citizens/home_fire_prev/holiday-seasonal/summer.shtm

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| 1. WEBSITE | 5. CLAIM | 9. DENTAL |
| 2. UPDATE | 6. AETNA | 10. WELLNESS |
| 3. APP | 7. HEALTH | 11. EMERGENCY |
| 4. SCREENING | 8. INCENTIVE | 12. COVERAGE |