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## Redesign of DocFind



Aetna's redesign of DocFind has made it easier for members to use! DocFind is an online directory that helps you find doctors, hospitals and other health care providers in minutes. DocFind now offers easier searching, more helpful results, and simpler pages. DocFind also remembers your search settings so you don't have to keep re-entering them. You can find the new and improved DocFind at [www.aetna.com](http://www.aetna.com). Look for providers with a blue star in Aexcel Network (superior clinical performance and cost effectiveness).

## I-Triage Mobile Application (App)



To better meet your needs, Aetna has announced the availability of the I-Triage Mobile App. Aetna wants to make it easier for you to live a healthier life by placing the power of health information in your hands. To download free, the latest version of the iTriage App on your iPhone, iPod Touch, or Android mobile devices, visit: <http://www.itriagehealth.com/get-mobile>. The iTriage App allows you to search for providers, symptoms, diseases, procedures, or medications to find the right care for your needs. The iTriage App can identify the nearest walk-in clinics and urgent care facilities to your current location.

## Emergency Room High Costs



The use of Emergency Room (ER) services is a sky-high option compared to taking advantage of your neighborhood walk-in clinic or an urgent care center for non-emergency care. Did you know almost 70% of ER visits are not really emergencies at all? The ER is your most expensive option for care. The next time you need medical care, and your regular doctor is not available, please consider the walk-in clinics for minor problems, and the urgent care centers for more serious problems. If you are experiencing symptoms that could be life threatening, call 911 or go straight to the nearest ER. The iTriage mobile App can be used to identify the nearest ER, urgent care, or walk-in clinic.

## Generic Drugs



A generic version of a brand-name drug can help you save money on your health care costs. Generic drugs are approved by the Food and Drug Administration (FDA) as safe and effective. The generic medicine contains the same active ingredients in the same dose as the brand-name product. The difference is that generics may be a different color, shape or size. Generic drugs cost much less than the brand-name drugs. Aetna encourages you and your doctor to use generics, whenever possible for a refill or new prescription. You will be charged the appropriate out-of-pocket cost based on HBP prescription benefit coverage. For additional information on generic drug options, go to: <http://www.aetna.com/pharmacy-insurance/individuals-families/generic-drugs.html>

## Protect Your Health



The 2012 hurricane season starts June 1st and runs through November 30th. It is important to be prepared for disasters such as hurricanes, floods, and fires. Advance planning helps members prepare for their health and benefits needs before a natural disaster strikes. Natural disasters can happen fast and without warning. If you or a family member were hurt or had to flee from your home, would you know how to use your health benefits? Spend a little time gathering your health history and benefits information and store your health information in one place. Aetna's Personal Health Record (PHR) provides you with secure, online access to important information about your health 24/7. Your PHR automatically collects information such as prescriptions, doctor visits, lab work, and creates a personal record for you. You can also add information to your PHR such as over-the-counter medications you may be taking or new conditions. To access or create your PHR, log in to Aetna Navigator, your secure member website, found at [www.aetna.com](http://www.aetna.com). Also, a featured article called "Protect Your Health during Natural Disasters," can be found on Aetna's website at <http://www.planforyourhealth.com/family-life/article/show/protect-your-health-during-natural-disasters/> for additional information. Prepare, plan and stay informed!