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DoD NAF Health Benefits



Just in time for Open Enrollment, November 5-30, 2012, the new DoD NAF health benefits website will provide you with a wealth of information about our medical plans, dental plans, and flexible spending accounts (if offered by your DoD NAF employer). You can view plan brochures, benefit charts and detailed Summary Plan Descriptions for the plans available to you. There is also information specific to your DOD NAF employer, such as enrollment instructions, contact information, forms and reference documents. You will not receive a printed enrollment kit this year. Please go to www.nafhealthplans.com for everything you need to know about your plan and how to enroll. Contact your local NAF HR office if you do not have access to the Internet.

Women's Preventive Care



In March 2010, Congress passed the Affordable Care Act (ACA), also referred to as Health Care Reform. The following women's preventive care will be covered at 100% (not subject to the deductible) when given by an in-network provider:

- Well-woman visits, including prenatal visits during pregnancy.
- Health screenings and counseling to include:
 - Screening for human papillomavirus (HPV)
 - Counseling for sexually transmitted infections
 - Counseling and screening for human immune-deficiency virus (HIV)
 - Screening and counseling for interpersonal and domestic violence
- Gestational diabetes screening
- Breast feeding support, supplies and counseling, including rental equipment and lactation support and counseling.
- FDA-approved women's contraceptive drugs and devices are covered at 100% when prescribed by a doctor and obtained through Aetna's network (Women's Preventive Health Services guidelines,

Women's Preventive Care (Con't)

Health Care Reform). You can find a list of contraceptive drugs and devices at www.aetna.com/formulary. This list will also be posted on the health benefits website.

- Contraceptive counseling
- Female sterilization, including implants and surgery.

Newsflash



The IRS requires that employers report on the 2012 W-2 the aggregate reportable cost for medical and bundled dental coverage. This aggregate reportable cost includes the bundled dental and vision plan provided in the DoD NAF HBP Aetna plans. There is no requirement for W-2 reporting for retirees who would not receive W-2 reports. The Aetna Stand Alone Dental (SAD) plan is 100% employee paid. There is no W-2 requirement for the reporting of the SAD plan. The Aetna NAF HBP plans are paid by 70% contribution from the NAF employer and 30% contribution from the employee/member. This cost represents both the employer and employee share of the cost for the coverage. The new reporting requirement is "informational only" to provide useful and comparable consumer information to employees on the cost of their health care coverage

Protect Yourself from the Seasonal Flu



Centers for Disease Control and Prevention (CDC) recommend a yearly flu vaccination as the first and most important step in protecting against the flu. The flu shot is considered part of the preventive services, and is covered 100% (in-network) for NAF HBP members age 6 months and older. You can go to your doctor or to a contracted clinic. The choice is yours. You can find a list of all the contracted flu vaccine providers in DocFind at www.aetna.com under Flu Shot Provider. For more information about flu prevention, visit the (CDC) website at www.cdc.gov/flu/.