

MENTORING ACTIVITIES

Purpose:

To offer a set ideas for mentoring activities.

Audience:

Mentors

Context:

After matching selected Mentors to Mentees, HR (or the Mentoring Program Coordinator) should provide general guidelines to the Mentors on how to have a successful mentoring relationship. This information should be accompanied by some sort of training.

How to Use:

- Step 1: Customize the guide and make any adjustments to fit specific DOD Component/Agency mentoring needs
- **Step 2**: Add additional information specific to your DOD Component/Agency, such as additional guidelines for successful mentoring relationships.
- **Step 3**: Share the guide with the mentors.

Common Terms

The following are common terms associated with the DOD Mentoring Resource Portal:

Mentor, also known as Advisor, is a trusted counselor or guide who is involved in the development and support of one who is less experienced.

Mentee, also known as Mentee or Learner, is the more junior person being mentored.

Mentoring Program Coordinator, also known as Mentoring Program Manager, is responsible for the overall management of the Mentoring Program.

Information Source Disclaimer

Most of the information on this mentoring resource was obtained from the following sources: <u>Headquarters</u>, <u>Department of Army</u>, <u>DCS</u>, <u>G-1 ARMY MENTORSHIP HANDBOOK</u>. All content is provided for informational purposes only.

1.0 MENTORING ACTIVITIES

Formal training is just one small part of a professional or leader's development. When thinking about appropriate developmental activities, be creative! Some things to consider:

- Reading books, articles, journals, Government/DoD/Component specific news publications, etc.
- Trying new projects/special assignments
- Covering for peers who are TDY or on leave
- Volunteering for temporary details/TDYs/assignments/deployments to other positions
- Giving briefings/presentations
- Assuming lead POC responsibilities
- Joining or chairing Process Action Teams/Working Groups
- Involvement in projects/task forces/organizational change efforts
- Representing the supervisor at meetings
- Professional society participation
- Conferences/symposia
- Activity presentations/special events
- Authoring professional publications
- Teaching subject matter courses
- Mentoring someone with less experience themselves
- Observation experience (then practicing desired skills)
- Informational interviews
- Participation on selection panels
- Community service