## Right Size Your Health Plan

## **How Comparison Shopping Could Save You Money**

Over time your healthcare needs may change. With the Federal Employees Health Benefits (FEHB) Program, Open Season is your annual opportunity to align your healthcare coverage with your needs.

This Open Season runs from November 11<sup>th</sup> through December 9<sup>th</sup>. It's an ideal time to comparison shop. Many plans offer similar benefits at varying rates. Below is a comparison of a few nationwide plans, highlighting differences in premiums and certain out-of-pocket expenses. You're encouraged to review all out-of-pocket expenses before selecting a plan.

FEHB Plan	Biweekly Family Plan Premium	<b>Deductible</b> In-Network	Office Visit Primary Care
BCBS FEP Blue Focus	\$139.92	\$1,000	\$10 or 30%
BCBS Basic	\$303.61	\$0	\$35
BCBS Standard	\$424.65	\$700	\$30
GEHA Indemnity Benefit Plan - Elevate	\$169.84	\$1,000	\$10
GEHA Benefit Plan - Standard	\$214.30	\$700	\$20
GEHA Benefit Plan - High	\$376.32	\$700	\$20

Plans shown here are for comparison only and are not recommendations.

In addition to out-of-pocket expenses and premiums, also evaluate plan coverage and network. Want to change your plan, but not your doctor? You certainly can, depending on the plan you select! Use the Office of Personnel Management's plan comparison tool to determine the best care for you and your family at the best value. You could save money without sacrificing quality of care.

What could you do with those savings? Invest in your retirement - consider increasing your Thrift Savings Plan (TSP) contributions. Remember, you can change your TSP contributions at any time.

Happy Shopping!

Visit
<a href="https://www.opm.gov/fehbcompare">www.opm.gov/fehbcompare</a>
to compare plans.

Plus One and Self and
Family premiums even if
you only have one family
member. With some
plans, Self and Family
premiums are less than
Self Plus One premiums.

