

DoD Work-Life Coordinator Contact List

AGENCY/COMPONENT	NAME (FIRST & LAST NAME)	EMAIL ADDRESS	Telework Coordinator	Work-Life Coordinator	EAP Coordinator
AAFES	Sophie Reitz-Daniels	reitzs@aafes.com	Yes	Yes	No
AAFES	Eliza Richburg	richburge@aafes.com	Yes	No	No
Air Force	Debra Martin-Robillard	debra.martin-robillard@us.af.mil	No	Yes	No
Air Force	Danna Plewe	danna.plewe@us.af.mil	No	Yes	No
Air Force	Christy Rowzee	christy.rowzee.1@us.af.mil	Yes	Yes	Yes
Air Force	Monique Salazar	monique.salazar.2@us.af.mil	No	No	No
Army	Dr. Terrence Elliott	terrence.l.elliott.civ@mail.mil	No	No	Yes
Army	Kari Ahouse	kari.m.ahouse.civ@army.mil	No	Yes	No
Army	Anna Miller (NAF)	anna.l.miller40.naf@army.mil	Yes	No	No
Army	Lawrence Noggle	lawrence.w.noggle2.civ@army.mil	Yes	No	No
Army	Ella Sweazy (APF)	ella.l.sweazy.civ@army.mil	Yes	No	No
DARPA	LeeAnn Walker	leeann.walker@darpa.mil	Yes	Yes	Yes
DAU	SMSgt David Mancha	david.mancha@dau.edu	Yes	Yes	No
DCAA	Kevin Carpenter	kevin.w.carpenter.civ@mail.mil	Yes	Yes	No
DCAA	Jhenna Broussard	jhenna.broussard.civ@mail.mil	No	No	Yes
DCAA	Jolanda Turner	jolanda.d.turner.civ@mail.mil	Yes	Yes	No
DCAA	Karen Ryan	karen.m.ryan14.civ@mail.mil	Yes	Yes	No
DCMA	Crystal Craddock	crystal.m.craddock2.civ@mail.mil	Yes	Yes	Yes
DCSA	Lori Wiles	lori.a.wiles2.civ@mail.mil	Yes	Yes	Yes
DCSA	Napoleon Bradford	napoleon.a.bradford.civ@mail.mil	No	Yes	No
DCSA	Lois Olzak	lois.a.olszak.civ@mail.mil	Yes	Yes	No
DCSA	Suzanne Juraska	suzanne.e.juraska.civ@mail.mil	Yes	No	No
DECA	Keith Kamachi	keith.kamachi@deca.mil	Yes	No	No
DECA	Laketa James	worklife@deca.mil	No	Yes	Yes
DFAS	Shayla Jones	shayla.r.jones.civ@mail.mil	Yes	Yes	Yes
DHA	Nana Arthur	nana.f.arthur.civ@health.mil	Yes	No	No
DHA	Rob Judd	robert.j.judd2.civ@health.mil	Yes	No	No
DHA	Lolita Jordan	lolita.c.jordan.civ@health.mil	No	Yes	No
DHA	Roberto (Thony) Espinoza	roberto.a.espinoza.civ@health.mil	No	No	No
DHA	Ebonique Tasker	ebonique.s.tasker.civ@health.mil	Yes	No	No

DoD Work-Life Coordinator Contact List

AGENCY/COMPONENT	NAME (FIRST & LAST NAME)	EMAIL ADDRESS	Telework Coordinator	Work-Life Coordinator	EAP Coordinator
DHRA	Francois Ratinaud	francois.a.ratinaud.civ@mail.mil	Yes	No	No
DHRA	Molly Dunham	molly.e.dunham.civ@mail.mil	No	Yes	Yes
DHRA	CDR Jamie Drage	jamie.p.drage.mil@mail.mil	No	Yes	No
DHRA	Denise Anderson (Childcare PC)	denise.r.anderson14.civ@mail.mil	No	Yes	No
DIA	Sarah Hall	sarah.hall@dodiis.mil	No	Yes	No
DIA	Chantelle Berry	chantelle.berry@dodiis.mil	No	Yes	No
DIA	Mohamed Mansaray	mohamed.mansaray@dodiis.mil	No	No	Yes
DIA	Sofia Shaikh	sofia.shaikh@dodiis.mil	No	Yes	No
DIA	Shelita Reynolds	shelita.reynolds2@dodiis.mil	Yes	No	No
DIA	Yolanda Murray	yolanda.murray3@dodiis.mil	Yes	No	No
DISA	Antonne (Tony) Compton	antonne.l.compton.civ@mail.mil	No	Yes	No
DISA	Naquesha Johnson	naquesha.l.johnson.civ@mail.mil	No	Yes	No
DISA	Lori McMath	lori.a.mcmath.civ@mail.mil	No	No	Yes
DISA	Melanie Best	melanie.a.best.civ@mail.mil	Yes		
DISA	Tracie Jackson	tracie.m.jackson2.civ@mail.mil	Yes		
DISA	Randi Henson	randi.m.henson.civ@mail.mil	Yes		
DISA	Antonne Compton	antonne.l.compton.civ@mail.mil	No	Yes	No
DISA	Kristin Caine	kristin.a.caine.civ@mail.mil	No	No	No
DLA	Patricia Norton	patricia.norton@dla.mil	No	Yes	Yes
DLA	Laura Belk	laura.belk@dla.mil	No	Yes	Yes
DLA	Melissa Lalonde	melissa.lalonde@dla.mil	Yes	No	No
DMA	Nikki Muenchow	nicole.j.muenchow.civ@mail.mil		Yes	
DMA	Sharon Oldham	sharon.l.oldham2.civ@mail.mil	Yes	Yes	Yes
DMA	Maliki Connor	maliki.connor.civ@mail.mil	Yes	Yes	No
DMEA	Diana Aguirre	diana.z.aguirre.civ@mail.mil	Yes	Yes	No
DMEA	Audrey-Lynn Capps	audrey-lyn.capps.civ@mail.mil	Yes	Yes	Yes
DODEA	Kellee Christian	kellee.christian@dodea.edu	Yes	Yes	Yes
DODEA	Cheryl Wallace	cheryl.wallace@dodea.edu	Yes	Yes	Yes

Last Update - April 2025

DoD Work-Life Coordinator Contact List

AGENCY/COMPONENT	NAME (FIRST & LAST NAME)	EMAIL ADDRESS	Telework Coordinator	Work-Life Coordinator	EAP Coordinator
DSCA	Cassandra Midgley	cassandra.c.midgley.civ@mail.mil	Yes	Yes	Yes
DSCA	Ellie Cunningham	elisa.m.cunningham.civ@mail.mil	Yes	Yes	Yes
DTIC	Julie Zollner	julie.a.zollner.civ@mail.mil	Yes	Yes	No
DTIC	Annette Francis	annette.p.francis.civ@mail.mil	Yes	Yes	Yes
DTIC	Ruby Carter	ruby.l.carter6.civ@mail.mil	Yes	Yes	No
DTRA	Gwendolyn Bell	gwendolyn.b.bell.civ@mail.mil	No	Yes	Yes
DTIC	Michele Finley	michele.l.finley2.civ@mail.mil	Yes		
DTRA	Halawna Johnson	halawna.d.johnson.civ@mail.mil	Yes	Yes	Yes
DTRA	Michelle Polite	michelle.v.polite.civ@mail.mil	Yes		
JS J1	Mia Holmes	mia.e.holmes.civ@mail.mil	Yes	Yes	No
MDA	Natisia Malone	natisia.g.malone@mda.mil	Yes	Yes	No
MDA	Michelle Blais	michelle.blais@mda.mil	No	No	No
MDA	Amy Smith	amy.smith@mda.mil	Yes	Yes	No
MDA	Cameron Caddell	cameron.caddell@mda.mil	Yes	No	No
MDA	Patsy Morris	patsy.morris@mda.mil	Yes	No	No
MDA	Polly Case	polly.case.ctr@mda.mil	Yes	No	No
MDA	David Stevens	david.stevens@mda.mil	No	No	Yes
MDA	Mininia Hawkins	mininia.r.hawkins@mda.mil	No	Yes	No
Navy	Olivia Hoist	olivia.l.hoist.civ@us.navy.mil	Yes	No	No
Navy	Takako Moore	takako.moore.civ@us.navy.mil	No	Yes	Yes
Navy	Lisa Wellman	lisa.m.wellman2.civ@us.navy.mil	Yes		
NGA	Shani Farmer	shaniqua.l.farmer@nga.mil	No	Yes	No
NGA	Justin Evans	justin.b.evans@nga.mil	Yes	No	No
NGA	Dr. Kathryn Fair	kathryn.f.fair@nga.mil	No	No	Yes
NGA	Anna Mendenhall	anna.c.mendenhall@nga.mil	No	Yes	No
NSA	Taylor Wright	tbculle@nsa.gov		Yes	
NSA	Angela Iacofano	amiacof@nsa.gov	No	Yes	No
NSA	Stefanie Kent	sakent@nsa.gov	No	Yes	No
NSA	Dr. Melissa Page	mfpag@radium.ncsc.mil		Yes	

Last Update - April 2025

DoD Work-Life Coordinator Contact List

AGENCY/COMPONENT	NAME (FIRST & LAST NAME)	EMAIL ADDRESS	Telework Coordinator	Work-Life Coordinator	EAP Coordinator
NSA	Lara Sansing	lasansi@radium.ncsc.mil		Yes	
NSA	Sara Knight	saknig4@radium.ncsc.mil		Yes	
NSA	Lexie Kaline	lakalin@nsa.gov	No	Yes	No
NSA	Taylor Culley	tbculle@nsa.gov	No		No
NSA	Jessica Palm	jlpalm@uwe.nsa.gov	Yes	No	No
NSA	Courtney Gogolinski	clgogol@uwe.nsa.gov	Yes	No	No
NSA	Dr. Erin Stoll	ejstoll@nsa.gov	No	No	Yes
OIG	Lisa Wilson	lisa.wilson@dodig.mil	No	No	No
OIG	Jamie McCoy	jamie.mccoy@dodig.mil			
OIG	Alycia Robinson	alycia.robinson@dodig.mil			
OIG	Jamie McCoy	jamie.mccoy@dodig.mil	Yes	No	No
OIG	Alycia Robinson	alycia.robinson@dodig.mil	Yes	No	No
OSD	Heidi Welch	heidi.e.welch.civ@mail.mil			
OSD	Paula Cabrera	paula.m.cabrera.civ@mail.mil	No	No	No
SDA	Misty Cedano	misty.c.cedano.civ@mail.mil	Yes	Yes	No
SDA	Mary Rotchford	mary.i.rotchford.civ@mail.mil	Yes	Yes	Yes
USU	George Forrest	george.forrest@usuhs.edu	Yes	Yes	No
USU	Carla Adams	carla.adams@usuhs.edu	No	Yes	Yes
WHS	Kisha Smith	kisha.n.smith2.civ@mail.mil	Yes	Yes	Yes
WHS	Channelle Heth	channelle.m.heth.civ@mail.mil	No	No	No