



Defense Information Systems Agency (DISA) Coaching Program

The Defense Information Systems Agency (DISA) Coaching Program provides DISA and JFHQ-DODIN employees confidential coaching for personal and professional growth. Additionally, the program partners with organizations and agencies across the DOD, federal government, and private sector to stay current on trends, topics, and best practices in the world of coaching.

Mission: We meet you where you are and help you make things better for you, for others, and for the agency.

Vision: Coaching is integral to DISA's leadership and communication culture.

DISA Coaching Program Pillars

Program	Coaches	Clients	Leadership	Community
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<u>Program</u>: The DISA Coaching Program provides confidential coaching with certified professional coaches for employees' personal and professional growth in areas such as leadership skills, career progression, employee relations, work-life balance, career goals, professional transitions, and change management.

<u>Coaches</u>: The DISA Coaching Program supports a cadre of 30 internal and external certified federal coaches who have been through a coach certification training program. These coaches come from a variety of backgrounds and fields, are dedicated to helping clients achieve their goals, and maximize their potential.

<u>Clients</u>: The DISA Coaching Program offers a variety of no-cost coaching services for all military and civilian employees at all grades and all levels:

- Long-term and on-demand one-on-one coaching relationships
- Team Coaching
- Group Coaching
- Peer Coaching
- Coaching skills training and information sessions

<u>Leadership</u>: The DISA Coaching Program leverages coaching as a leadership development tool for individual employees to grow their skills, as well as for supervisors and team leads, to support and create dynamic and effective teams.

<u>Community</u>: The DISA Coaching Program hosts the monthly Coaching "Chat and Chew", a professional development opportunity for coaches and coaching enthusiasts across the federal government to come together to learn and grow through federal coaching.